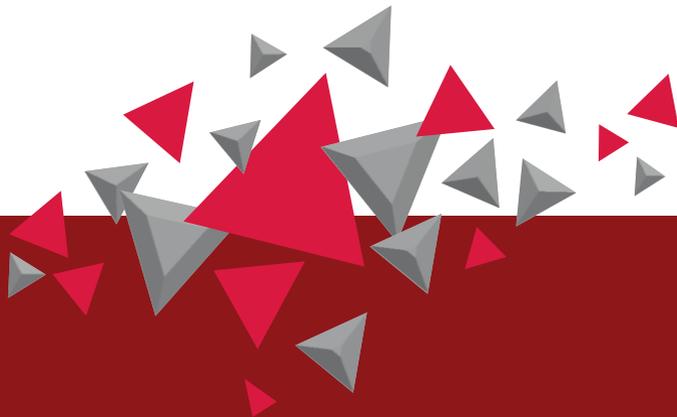


NEXTAGE[®]

NUTRITION



HEALTH SUPPLEMENTS





FUELING STRENGTH. POWERING PERFORMANCE.

With 17 years of leverage in pharmaceutical research and healthcare innovation, Rose Pharmaceuticals Healthcare Pvt. Ltd. proudly introduces Nextage Nutrition, a brand designed to revolutionize fitness and sports supplements in India. As a unit of Rose Pharmaceuticals Healthcare Pvt. Ltd., Nextage Nutrition ensures every product is formulated with science-backed precision, premium quality ingredients, and a commitment to excellence.

Our gym supplements cater to athletes, bodybuilders, and fitness enthusiasts striving to push limits, build strength, and achieve lasting performance. Here's why Nextage Nutrition stands out:

WHY CHOOSE NEXTAGE GYM SUPPLEMENTS?

- Established Expertise – Backed by Rose Pharmaceuticals Healthcare Pvt. Ltd. (since 2008).
- Advanced Formulations – Whey proteins, amino acids, collagen, vitamins, and natural extracts.
- Proven Results – For strength, stamina, joint health, recovery, and immunity.
- Trusted Quality – Rigorous testing for safety, purity, and performance.
- For Every Athlete – From beginners to professionals.

WHEY PROTEIN SERIES

- 100% Whey Isolate & Concentrate blends.
- 24–25g protein per serving for lean muscle growth.
- Delicious flavors like Belgian Chocolate.
- Mass Gainer High-calorie blend with protein & carbs.
- Ideal for size, strength, and recovery.
- Creatine & Performance Booster Enhances power, stamina, and intensity.
- Supports muscle pumps and endurance.

AMINOS & BCAAS | COLLAGEN PEPTIDES

MULTIVITAMIN CAPSULES | MORINGA EXTRACT | VITAMIN D3

Supports bone strength, calcium absorption, and performance. Vital for overall health in active lifestyles. Your Fitness. Your Next Age. Since 2008, Nextage Nutrition has been powering performance and redefining fitness. Every scoop and capsule is crafted to help you train harder, recover faster, and perform better.

NEXTAGE NUTRITION – WHERE SCIENCE MEETS STRENGTH.



ADVANCED MASS GAINER

Flavours

Mango/Chocolate

Recommended Usage:

Mix 1 Serving (100g) of Nextage Advanced Mass Gainer in approximately 300ml milk and shake well until mixed. Nextage Advanced Mass Gainer to be consumed 2-3 times daily, between meals and an hour before bed.

ABOUT ADVANCED NEXTAGE MASS GAINER

Carbohydrates and Fats which increases muscle mass. Nextage Advanced Mass Gainer is a high calorie protein powder aimed at increasing your daily calorie intake to promote weight gain and offers good mass gain. It contains complex carbohydrates for prolonged energy supply.

Nextage Advanced Mass Gainer is designed to meet your target of daily calories and macro-nutrients.

INGREDIENTS: Skimmed Milk Powder, Whey Protein, Soya Protein Isolate, Maltodextrin, Dextrose, Gum Acacia (E-414), Riboflavin, Niacin, Pyridoxin, Cyanocobalamin, Folic Acid and other Vitamins. Sodium Chloride, Zinc Sulphate, Ferrous Sulphate, Iodine and other Minerals.

Added Nature Identical Mango flavour

- Contains nature identical flavouring substances and colours
- Contains sucralose for calorie reduction
- No sugar added in this product



NUTRITIONAL INFORMATION

Serving size: 3 Scoops (100g approx.) | Servings per container: 20

APPROXIMATE VALUES	PER SERVING (100g)	RDA% PER 3 SERVING
Energy (Kcal)	372.00	-
Protein (g)	18.00	90%
Carbohydrates (g)	82.00	-
Added Sugar (g)	15.00	-
Fat (g)	5.5	-
Saturated Fatty Acids (g)	3.60	-
Monounsaturated Fatty Acids (g)	1.60	-
Polysaturated Fatty Acids (g)	0.05	-
ADDED VITAMINS		
Vitamin A (iu)	500.00	75%
Vitamin D (iu)	70.00	13%
Vitamin E (mg)	3.00	60%
Vitamin C (mg)	10.00	75%
Vitamin B1 (mg)	0.30	81%
Vitamin B2 (mg)	2.20	90%
Vitamin B3 (mg)	0.00	75%
Vitamin B5 (mg)	1.25	75%
Vitamin B6 (mg)	0.50	75%
Folic Acid (mcg)	33.00	50%
Biotin (mcg)	6.00	60%
Cyanocobalamin (mcg)	0.20	60%
ADDED MINERALS		
Calcium (mg)	100.00	50%
Chloride (mg)	45.00	-
Copper Sulphate (mcg)	500.00	85%
Iodine (mg)	0.50	-
Iron (mg)	5.00	-
Magnesium Sulphate (mg)	5.00	-
Phosphorus (mg)	56.00	-
Potassium (mg)	3.00	-
Sodium (mg)	25.00	-
Selenium (mcg)	10.00	-
Zinc (mg)	3.00	-
Chromium (mcg)	7.00	-
Molybdenum (mcg)	6.00	-

* The values are given for 3 s

Daily values are based on 2000 calorie diet, however your daily values may vary depending on your calorie needs.

HEALTH SUPPLEMENT

- NOT FOR MEDICINAL USE
- NOT RECOMMENDED FOR CHILDREN
- SHOULD NOT BE USED AS A VARIED DIET



WHEY

ISO GOLD

Flavours

Mango/Chocolate



DIRECTIONS FOR USE

Add one scoop (30g) of Nextage Iso Gold to a glass containing approximately 180ml water & stir briskly until mixed well.

Alternately, pour 180ml water in a shaker containing one scoop (30g) of Nextage Iso Gold. Shake well for 15 to 20 seconds and get a rich and creamy protein shake. For more calories use milk instead of water. Chilled water is recommended for better taste.

SCHEDULE FOR YOUR PROTEIN TIME

Early Morning: While asleep your body uses up amino acids which are required for energy and muscles. Nextage Iso Gold is high in BCAA (Branched Chain Amino Acid) which helps in replenishing energy and promotes lean muscle mass. Also curbing your hunger and keeping you filled longer helping lose weight.

Post workout: Your body begins recovery and muscle building process after you have completed a high intensity workout or strength training. Your muscles require instant nutrition to begin this recovery process. Taking Nextage Iso Gold within 30min of workout (during the anabolic window) helps build and repair muscles, giving your body he needed boost.

Enjoy 1-2 scoops a day, either before or after workout or at any time you desire a high protein drink, as part of a balanced diet and a healthy lifestyle.

NEXTAGE ISO GOLD OFFERS

Nextage Iso Gold has Whey Protein Isolate containing over 90% pure protein. It is extracted by removing fat and lactose, resulting in a purest and premium form of protein. NextAge Iso Gold Whey Protein Isolate is easy to digest and absorb, making it the most popular choice of protein supplement.

INGREDIENTS: Whey Protein Isolate, Cocoa Powder, Xanthan gum (E 415), Anti-caking agent (E 530), Sucralose (E955)

- Contains nature identical flavouring substances and colours
- Contains sucralose for calorie reduction
- No sugar added in this product



NUTRITIONAL INFORMATION

Serving size: 1 Level Scoop (30g) | Servings per container: 66

APPROXIMATE VALUES	PER SERVING (30g)	PER 100g
Energy (Kcal)	112.00	375.00
Protein (g)	25.00	83.00
Carbohydrates (g)	1.65	5.50
Added Sugar (g)	0.00	0.00
Fat (g)	0.36	1.20
Saturated Fatty Acids (g)	0.09	0.30
Mono Unsaturated Fatty Acids (g)	0.12	0.40
Polyunsaturated Fatty Acids (g)	0.15	0.50
Trans Fatty Acids (g)	0.00	<0.02

TYPICAL AMINO ACIDS PROFILE

ESSENTIAL AMINO ACIDS		
Isoleucine (g)	1.90	6.30
Leucine (g)	2.91	9.70
Valine (g)	1.63	5.10
Lysine (g)	2.76	9.20
Methionine (g)	0.63	2.10
Phenylalanine (g)	0.84	2.80
Threonine (g)	1.95	6.50
Tryptophan (g)	0.57	1.90
Histidine (g)	0.45	1.50

SEMI ESSENTIAL AMINO ACIDS		
Arginine (g)	0.60	2.00
Cysteine (g)	0.69	2.30
Glycine (g)	0.45	1.50
Proline (g)	1.71	5.70
Tyrosine (g)	0.81	2.70
Glutamic Acid (g)	4.98	16.30
ESSENTIAL AMINO ACIDS (EAAs) (g)	13.53	45.10
BRANCHED CHAIN AMINO ACIDS (BCAAs) (g)	6.33	21.10

* Values are mentioned for 1 serving (30g) of NextAge[®] Iso Gold

Daily values are based on 2000 calorie diet, however your daily values may vary depending on your calorie needs.

HEALTH SUPPLEMENT

- Not for medical use
 - Should not be used as a varied diet
 - Not recommended for children, pregnant or lactating women
- All pictures shown are for illustration purpose only, actual product may vary.



WHEY

ISO CON

Flavours

Mango/Chocolate

DIRECTIONS FOR USE

Add one scoop (34g) of Nextage Iso Con to a glass containing approximately 180ml water & stir briskly until mixed well.

Alternately, pour 180ml water in a shaker containing one scoop (34g) of Nextage Iso Con. Shake well for 15 to 20 seconds and get a rich and creamy protein shake. For more calories use milk instead of water. Chilled water is recommended for better taste.

SCHEDULE FOR YOUR PROTEIN TIME

Early Morning: While asleep your body uses up amino acids which are required for energy and muscles. Nextage Iso Con is high in BCAA (Branched Chain Amino Acid) which helps in replenishing energy and promotes lean muscle mass. Also curbing your hunger and keeping you filled longer helping lose weight.

Post workout: Your body begins recovery and muscle building process after you have completed a high intensity workout or strength training. Your muscles require instant nutrition to begin this recovery process. Taking Nextage Iso Con within 30min of workout (during the anabolic window) helps build and repair muscles, giving your body the needed boost.

Enjoy 1-2 scoops a day, either before or after workout or at any time you desire a high protein drink, aspart of a balanced diet and a healthy lifestyle.

NEXTAGE ISO CON OFFERS

Nextage Iso Con is a unique blend which has Whey Protein Isolate and Whey Protein Concentrate containing pure protein. This unique blend offers the desired BCAA and other amino acids, which not only caters the muscle building but also make the product effective

INGREDIENTS: Whey Protein Isolate, Cocoa Powder, Xanthan gum (E415), Anti-caking agent (E530). Sucralose (E955).

- Contains nature identical flavouring substances and colours
- Contains sucralose for calorie reduction • No sugar added in this product



NUTRITIONAL INFORMATION

APPROXIMATE VALUES	PER SERVING (34g)	PER 100g
Energy (Kcal)	130.00	385.00
Protein (g)	25.00	74.00
Carbohydrates (g)	1.65	5.50
Added Sugar (g)	0.00	0.00
Fat (g)	1.08	3.6
Saturated Fatty Acids (g)	0.63	2.1
Mono Unsaturated Fatty Acids (g)	0.33	1.1
Polyunsaturated Fatty Acids (g)	0.07	0.23
Trans Fatty Acids (g)	0.06	0.15

TYPICAL AMINO ACIDS PROFILE

ESSENTIAL AMINO ACIDS		
Isoleucine (g)	1.56	5.20
Leucine (g)	2.65	8.50
Valine (g)	1.35	4.50
Lysine (g)	2.34	7.80
Methionine (g)	0.54	1.80
Phenylalanine (g)	0.78	2.60
Threonine (g)	1.71	5.70
Tryptophan (g)	0.51	1.70
Histidine (g)	0.45	1.50

SEMI ESSENTIAL AMINO ACIDS		
Arginine (g)	0.66	2.20
Cysteine (g)	0.60	2.00
Glycine (g)	0.45	1.50
Proline (g)	1.47	4.90
Tyrosine (g)	0.75	2.50
Glutamic Acid (g)	4.20	14.00
ESSENTIAL AMINO ACIDS (EAAs) (g)	11.79	39.30
BRANCHED CHAIN AMINO ACIDS (BCAAs) (g)	5.46	18.2

* Values are mentioned for 1 serving (34g) of NextAge[®] Iso Con

Daily values are based on 2000 calorie diet, however your daily values may vary depending on your calorie needs.

HEALTH SUPPLEMENT

- Not for medical use
- Should not be used as a varied diet
- Not recommended for children, pregnant or lactating women

All pictures shown are for illustration purpose only, actual product may vary.



NUTRITIONAL INFORMATION

Serving size: 1 Level Scoop (8g) | Serving per container 30

APPROXIMATE VALUES	PER SERVING (8g)	PER 100g
Energy (Kcal)	0.00	0.00
Protein (g)	0.00	0.00
Carbohydrates (g)	0.00	0.00
Added Sugar (g)	0.00	0.00
Fat (g)	0.00	0.00
Saturated Fatty Acids (g)	0.00	0.00
Mono Unsaturated Fatty Acids (g)	0.00	0.00
Poly Unsaturated Fatty Acids (g)	0.00	0.00
Trans Fatty Acids (g)	0.00	0.00
BCAAs (L-Leucine, L-Isoleucine, L-Valine) (mg)	2000	90.00
L-Arginine (mg)	1500	-
L-Citrulline (mg)	300	-
Caffeine (mg)	300	-
Vitamin B1 (mg)	1.00	61.76
Vitamin B3 (mg)	19.50	92.80
Vitamin B6 (mg)	1.80	93.75

* Values are mentioned for 1 serving (8g) - NextAge[®] Pre Workout

INGREDIENTS

BCAA (L-Leucine, L-Isoleucine, L-Valine), Vitamins (B1, B3, B6) Acidity regulator (E330), Amino Acids and Orange Flavour.

• Contains permitted synthetic food colour (INS124) and added nature identical flavoring substances and Stevia.

• Contains Stevia extracts for calorie conscious

• No sugar (sucrose) added in this product

W^{PR}ORKOUT

Flavours

Watermelon / Orange
Blueberry Flavours



RECOMMENDED USAGE

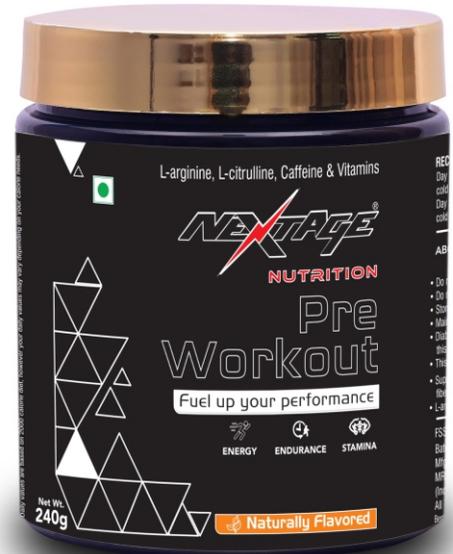
Day 1: Assess your tolerance with half serving scoop of Nextage Pre Workout with 125-200ml cold water.

Day 2: Depending on your tolerance mix 1 serving of Nextage Pre Workout with 250-300ml of cold water and consume it ; minutes before workout.

- Do not consume this product 5 hrs before sleep
- Do not exceed recommended daily usage Max 1 scoop
- Store in a cool and dry place
- Maintain adequate water intake to keep yourself hydrated
- Diabetics / pregnant / lactating should consult a health expert/dietician before consuming this product.
- This product is not intended to diagnose, treat, prevent or cure any disease.

ABOUT NEXTAGE[®] PRE WORKOUT

Supports muscle growth and helps in regrowing muscle fiber. Vitamins increase muscle mass. Caffeine keeps you active. L-arginine increases Nitric Oxide production which requires 1 your intense workout session.



All pictures shown are for illustration purpose only, actual product may vary.



NUTRITIONAL INFORMATION

Serving size: 1 Level Scoop (8g) | Serving per container: 30

APPROXIMATE VALUES	PER SERVING (8g)	PER 100g
Energy (Kcal)	12.85	0.00
Protein (g)	0.00	0.00
Carbohydrates (g)	0.00	0.00
Added Sugar (g)	0.00	0.00
Fat (g)	0.00	0.00
Saturated Fatty Acids (g)	0.00	0.00
Mono Unsaturated Fatty Acids (g)	0.00	0.00
Poly Unsaturated Fatty Acids (g)	0.00	0.00
Trans Fatty Acids (g)	0.00	0.00
BCAAs (g)	7.00	78.00
L-Leucine (g)	3.50	39.00
L-Isoleucine (g)	1.75	19.50
L-Valine (g)	1.75	19.50

ELECTROLYTE BLEND

Trisodium Citrate Dihydrate (mg)	50.0	555
Potassium Chloride (mg)	100.0	1110
Sodium Chloride (mg)	150.0	1666

* Values are mentioned for 1 serving (8g) of NextAge[®] BCAA 7000

INGREDIENTS: BCAA (L-Leucine, L-Isoleucine, L-Valine), Tri-Sodium Citrate Dihydrate, Potassium Chloride, Sodium Chloride Acidity regulator (E 330), Orange Flavour.

* Contains permitted synthetic food colour (INS 110) and added nature identical flavouring substances and Sucralose (E 955).

* Contains Sucralose for calorie conscious
* No sugar (sucrose) added in this product

AMINOS

Essential Amino Acids

Flavours

Watermelon / Orange
Flavours

Daily values are based on 2000 calorie diet; however your daily values may vary depending on your calorie needs.



DIRECTIONS FOR USE

Mix 1 level scoop (8g) with 200-250ml of water (chilled for better taste) or with your favourite cold beverage. Shake well for at least 5-10 seconds to achieve proper blend.

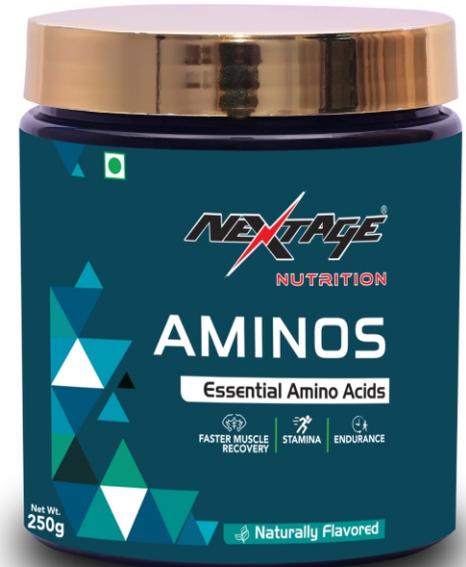
- For Beginners & Athletes: Scoop during workout
- For Pro Bodybuilders: Scoops per day

ABOUT NEXTAGE[®] BCAA 7000

- Supports muscle growth
- Support recovery
- Replenishes electrolytes

Store in a cool and dry place

Maintain adequate water intake to keep yourself hydrated. Diabetics, pregnant / lactating mothers should consult a health expert / dietician before consuming this product. This product is not intended to diagnose, treat, prevent or cure any disease.





All values are considered averages unless otherwise indicated Percent daily values are based on recommended Daily allowance for adult moderate work men per serving size according to indian council of medical Research (ICMR) Guideline 2010 " _ " Daily value not established.

INGREDIENTS : L-Glutamine Contains Sodium Benzoate (INS. E211) Class II preservative ,Silicon Dioxide (Ins No.551)

ABOUT *NEXTAGE*® GLUTAMINE

- ✎ Nextage Glutamine is an important amino acid with many functions in the body.
- ✎ Nextage Glutamine It is a building block of protein and critical part of the immune system.
- ✎ Nextage Glutamine What’s more, glutamine has a special role in intestinal health.

Recommended usage: 5gms Once Daily. Or Recommended by your dietician or health expert

Ideal time to consume Glutamine : Post-workout is the most beneficial time to take Glutamine to enhance recovery and the growth of lean muscle mass.

GLUTAMINE
100% L-GLUTAMINE POWDER

- Do not exceed recommended daily usage - Max 1 scoop
- Store in a cool and dry place
- Maintain adequate water intake to keep yourself hydrated
- Diabetics / pregnant / lactating should consult a health expert / dietician before consuming this product.
- This product is not intended to diagnose, treat, prevent or cure any disease.
- Not recommended for children. Not for medicinal use.



NUTRITIONAL INFORMATION

Servings Container 50
Serving Size 5 G (About 1/2 Scoop)

Quantity Per Serving	% Daily Values
Energy _____ 0 kcal	_____ 0 %
Protein _____ 0 g	_____ 0 %
Carbohydrate _____ 0 g	_____ 0 %
Total Sugars _____ 0 g	_____ 0 %
Added Sugars _____ 0 g	_____ 0 %
Total Fat _____ 0 g	_____ 0 %
Cholesterol _____ 0 mg	_____ 0 %
Sodium _____ 0 mg	_____ 0 %
L-Glutamine _____ 5 g	_____ 0 %



All values are considered averages unless otherwise indicated Percent daily values are based on recommended Daily allowance for adult moderate work men per serving size according to indian council of medical Research (ICMR) Guideline 2010 " _ " Daily value not established.

INGREDIENTS : L-Creatin Contains Sodium Benzoate (INS. E211) Class II preservative ,Silicon Dioxide (Ins No.551)

ABOUT NEXTAGE® GLUTAMINE

- ✎ Nextage Super Creatine is 200 mesh micronized creatine mono hydrate proven to increase physical performance in successive bursts of high intensity exercise.
- ✎ Nextage Super Creatine is used by body builders who wants to gain strength and muscle size.
- ✎ Nextage Super Creatine does not contain any filler, artificial color, preservative or any banned substance.

Recommended usage:

- Do not exceed recommended daily usage - Max 1 scoop
- Store in a cool and dry place
- Maintain adequate water intake to keep yourself hydrated
- Diabetics / pregnant / lactating should consult a health expert / dietician before consuming this product.
- This product is not intended to diagnose, treat, prevent or cure any disease.
- Not recommended for children. Not for medicinal use.



**SUPER
CREATINE
MICRONIZED**

NUTRITIONAL INFORMATION

Servings Container 30

Quantity Per Serving		% Daily Values
Energy	0 kcal	0 %
Protein	0 g	0 %
Carbohydrate	0 g	0 %
Total Sugars	0 g	0 %
Added Sugars	0 g	0 %
Total Fat	0 g	0 %
Cholesterol	0 mg	0 %
Sodium	0 mg	0 %
L- Creatine	3 g	0 %



L- Arginine



NUTRITIONAL INFORMATION

Energy	39.12kcal
Protein	0.0 gm
Carbohydrate	4 gm
Fat	0.00 gm
L-Arginine (65%)	5gm
BCAA (L-valine, L- Lusine And L-isoleucine)	1 gm
Magnesium	10mg
Zinc	15mg
Fenugreek Extracts	200mg

Ingredients : Stevia Extracts, Dextrose, OrangeFlavour (strong), Acidity Regulator (citric Acid), L-arginine, L-valine, L-lusine L-isoleucine, Magnesium,Zinc & contains Permitted Colour & flavouring substances

Direction For Use : Dissolve The Contains Of Sachet In 150 MI. Of Water And Consume.

Collagen Peptide

Glucosamine, Rosehip Extract Boswellia Extract & Vitamin, C Sachets



NUTRITIONAL INFORMATION

Energy	50 Kcal
Protein	3.0 g
Carbohydrate	9.5 g
Fat	0.0 g
Each Serving Per 12 G Sachet Contains (Approx)	
Collagen Peptide	10 gm
Glucosamine HCL	1500 mg
Rosehip Extract	300 mg
Boswell Extract	100 mg
Curcumin	250 mg
Vitamin C	50 mg
Sodium Hyaluronate	50 mg
Vitamin D3	25 mcg
Excipients	q. s.

Appropriate overages of vitamins added to compensate loss on storage.

Ingredients : Collagen Peptide, Glucosamine HCL, Rosehip Extract, Boswell Extract, Curcumin Vitamin C, Sodium Hyaluronate, Vitamin D3, contains Permitted Colour & flavouring substances

Storage : store in a cool & dry place, protect from direct sunlight. Contains added flavour nature identical flavouring substance orange Do not use of damage or leakage sachet



Multivitamin Capsules

Essential daily nutrition for energy, focus, and immunity.
Replenishes vitamins lost during workouts.



Moringa 500mg

Natural powerhouse of antioxidants, iron, and plant protein.
Boosts stamina and immunity naturally.



Vitamin D3

Supports bone strength, calcium absorption,
and performance.
Vital for overall health in active lifestyles.

VEGAN PROTEIN

ZERO SUGAR LACTOSE FREE



PEAS



SOYA



BUCK WHEAT



OUR RANGE OF NUTRITIONAL PRODUCTS



Whey



Recovery Nutrition



Organic Moringa



Daily Nutrition
Sugar Free Mango



Daily Nutrition
Sugar Free Strawberry

DAILY NUTRITION



Chocolate



Watermelon



Mango



Strawberry



Kesar & Elaichi



Vanilla



Pista Badam



American
Ice Cream

NEXTAGE[®]

NUTRITION



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